

2020-2021 CAASE Award Submission

CAASE Awards Submission Submission Category: Community Impact Program (open to any community-based program) Submission Title: Pragmatic Pandemic Hands Only CPR in the Schools Contact Name: Sonya Severo Organization:

Riggs Ambulance Service (SEMSA)

Email:

Preferred

sonya.severo@riggsems.org

Number of Annual Service Requests:

Number of Ambulances:

25

Business Type (check all that apply):

Non-Profit Corporation

Project Participants (Names, Job Titles & Email Addresses of individuals involved in the project):

Greg Peterson, SEMSA/RIGGS Education Manager, greg@sierramed.org

Situational Analysis (Background of Project):

COVID-19 Pandemic threw community service out the window and left a huge gap in community education when it comes to emergency medical services. There are currently 18 states in our nation that require "Hands Only" CPR to be taught to every high school student before the graduate; California is not on that list. However, the pandemic created a situation where families were home together without much social interaction or out of the home activities besides the necessary trip to the local grocery store. With this the need for "Hands Only" CPR education was even more important than ever with the younger generation because they are home and can help in an emergency. The SEMSA/RIGGS Education Manager reached out to some of his contacts through the local schools and developed a plan to conduct "Hands Only" CPR education virtually through Google Classroom. **Project Goals:**

The two biggest project goals were to determine if the schools were still interested in hosting "Hands Only" CPR education trainings in partnership with RIGGS Ambulance Service and to figure out a way to successfully teach students "Hands Only" CPR to students without cpr instructional mankins.

Planning & Implementation (describe process from the planning phase, including research, through implementation phase. Include the overall length of your project in weeks/months):

The planning and implementation process took approximately a few months with the initial plan of hosting the "Hands Only" training virtually and getting the approval from the high schools administrative team. There has always been an interest from the Merced Union High School District schools to host these trainings, however during the pandemic, schools shut down as students began their learning process from their homes. The actual training with Atwater High School occured in March of 2021.

Results (Did you achieve your goals? How did you measure results?):

In March of 2021, Greg Peterson along with the Atwater High School CTE Pathway Teacher, Raj Mehat, conducted "Hands Only" CPR training for all of the Atwater High School Pathway students. In all, 116 students were successfully trained in "Hands Only" CPR on Google Classroom and using pillows to simulate a patient. To date, this Atwater High School "Hands Only" CPR training is the largest session through the American Heart Association in the nation.

Impact (What impact has this project had on your service? Information can be given as narrative. However, if possible, please provide qualitative and quantitative information.):

The overall impact was monumental considering the year prior to this training, nobody was getting trained in "Hands Only" CPR due to the COVID-Pandemic.

Budget (Did you have a budget? Budget numbers can be provided as a percentage of overall operating or departmental budget.):

We did not have a budget for this training session as transports volume is down and we had to get creative to find a way to continue to educate our community in emergency medical services.

Supporting Documents #1:

AHA top location Hands Only CPR 2021.jpg

Supporting Documents #2:

Screenshot (13).png

Supporting Documents #3:

Screenshot (18).png

Supporting Documents #4:

Supporting Documents #5:

Supporting Documents #6:

Comments:

We believe that finding a way to support and provide services to our community is not only essential but meaningful especially during a pandemic and we are so proud of our Education Department for successfully creating a way to have an impact in the communities we serve.

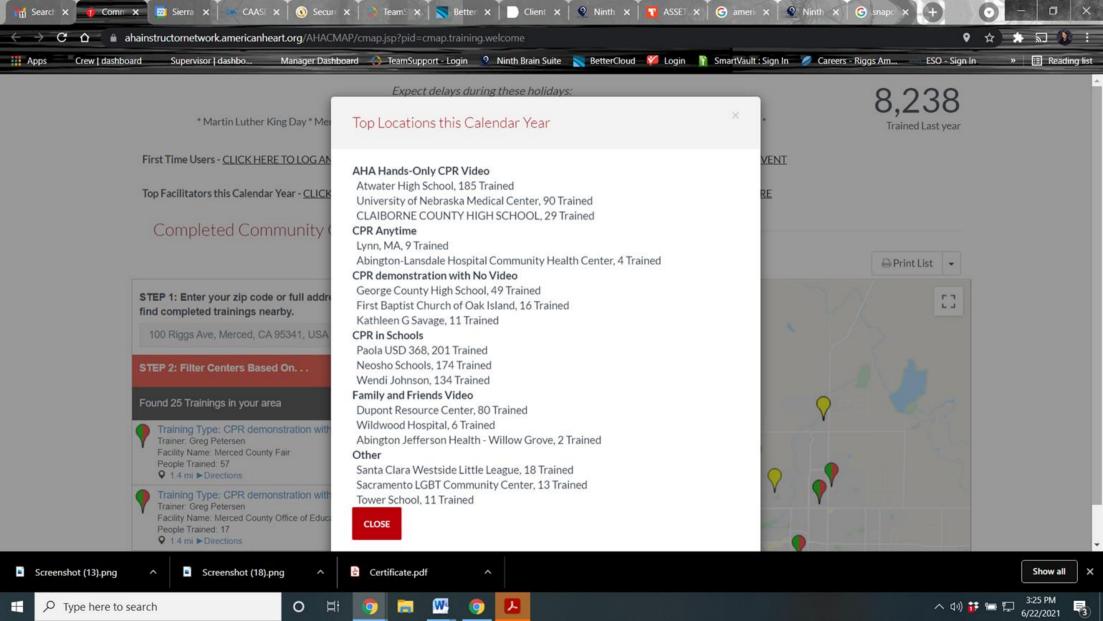
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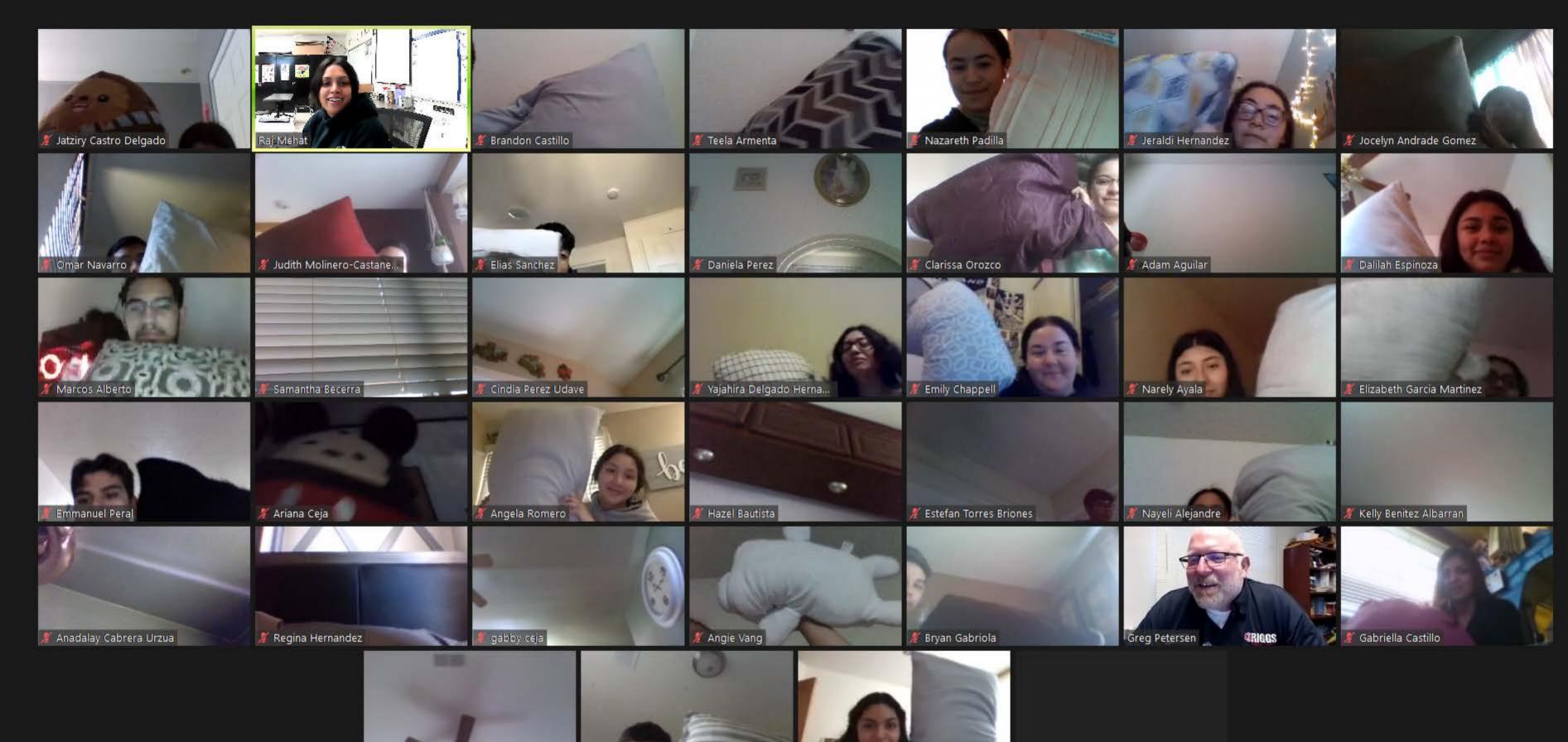
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Linda Gaytan

Jimena Bravo

🌋 Capell, Kenneth

