

Submission

Invoice # 1435



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## 2023 CAASE Award Submission

## CAASE Awards Submission

## Submission Category:

Employee Programs

## Submission Title:

Safety-365

## Contact Name:

Konnor Pacheco

## Organization:

LifeLine-EMS

## Email:

## Preferred

kpacheco@lifeline-ems.com

## Number of Annual Service Requests:

88,000

## Number of Ambulances:

75

## Business Type (check all that apply):

Business

Privately Held Corporation

## Project Participants (Names, Job Titles &amp; Email Addresses of individuals involved in the project):

Konnor Pacheco, Co-Creator, Manager of Performance Improvement, kpacheco@lifeline-ems.com  
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Angel Angeles, Safety Officer, Field Training Officer Lauren Nieman, Safety Officer, Field Training Officer Broderick Gutzman, Safety Officer, Field Training Officer Erika Astorga, Safety Officer, Field Training Officer Brooklyn Thaxton, Safety Officer, Field Training Officer Jennifer Kang, Safety Officer, Field Training Officer Braulio Medina, Safety Officer, Field Training Officer Taylor Hill, Safety Officer, Field Training Officer Christian Thomas, Safety Officer, Field Training Officer Carl Zarate, Safety Officer, Field Training Officer Emmanuel Zamora, Safety Officer, Field Training Officer Moises Martinez, Safety Officer, Field Training Officer Jazmin Perez, Safety Officer, Field Training Officer Sarah Bautista, Safety Officer, Field Training Officer Andrew Garcia, Safety Officer, Field Training Officer

## Situational Analysis (Background of Project):

The Safety-365 project began in late 2022, conceived by the Safety Committee and Performance Improvement Department which recognized the pressing need for a more comprehensive and proactive approach to safety management. Prior to its conception, there had been growing concerns about the rising number of accidents, injuries, and illnesses within workplaces. Incidents highlighted the limitations of traditional safety measures and the necessity for a more integrated and sustained safety program. With a clear vision in mind, the idea for Safety-365 began to take shape. The project aimed to address the limitations of conventional safety approaches by creating a program that transcended the boundaries of individual safety campaigns or initiatives. It was designed to integrate existing smaller safety programs, campaigns, and protocols into a cohesive and all-encompassing framework, ensuring a sustained focus on safety throughout the year and into the future. By Spring of 2023, the Safety-365 project had taken concrete shape, backed by a well-defined strategy, a strong network of employees, and a clear roadmap for implementation. The program's overarching goal was to reduce the number of employee injuries, illnesses, and risks while fostering a culture of safety consciousness and vigilance. With the groundwork laid and the idea firmly established, Safety-365 was poised to launch and make a lasting impact in the realm of safety management, becoming a beacon of progress and innovation in risk mitigation and workplace well-being.

## Project Goals:

-The primary focus of Safety-365 is to reduce the number of employee injuries, illnesses, and risks through preventative methods and measures. -To increase safety and hazard reporting, recognizing those who go above and beyond as safety ambassadors. -Develop and implement a comprehensive safety program that covers various domains, including workplace safety, road safety, situational awareness, and emergency preparedness. -Integrate and streamline existing mini-safety programs, initiatives, and campaigns into a cohesive framework under Safety-365, ensuring a synchronized and



Chat

efficient approach to risk management.-Foster a culture of safety awareness and responsibility among employees, and community members, promoting proactive measures to prevent accidents and incidents.-Conduct regular risk assessments and evaluations to identify potential hazards and vulnerabilities, implementing targeted risk mitigation strategies and controls to minimize the likelihood and impact of adverse events.-Establish key performance indicators (KPIs) to monitor the effectiveness of the Safety-365 programs and continuously improve safety standards based on data-driven insights and feedback.-Collaborate with relevant authorities, experts, and organizations to stay updated with best practices and industry standards in safety management, enabling the program to remain at the cutting edge of risk mitigation practices.-Engage in regular communication and awareness campaigns to educate employees about the importance of safety and their roles in contributing to a safe and secure environment.-Promote a sustainable safety culture that becomes ingrained in the fabric of the organization or community, extending the benefits of Safety-365 beyond its implementation and fostering long-term safety consciousness.

**Planning & Implementation (describe process from the planning phase, including research, through implementation phase. Include the overall length of your project in weeks/months):**

The planning process took approximately 90-days, initiated by the COO, the Performance Improvement Department, and the Safety Committee, who conducted a comprehensive safety audit to identify the specific resources and training required for the Organization. Once the audit was completed, a well-structured review and plan started to take shape. The team diligently reviewed and updated all existing safety-related policies, procedures, the Emergency Action Plan, and the Injury & Illness Prevention Plan. We conducted in-depth research, drawing from reputable resources like OSHA, CAL-OSHA, and insurance groups, while also seeking insights from other EMS agencies and our employees to learn from their experiences. With a robust foundation of safety policies in place, the Performance Improvement team proceeded to create electronic systems designed to track, analyze, and securely store safety-related data. This digital approach ensures that we have real-time access to critical information and allows us to identify trends and potential areas for improvement. The next crucial step involved launching the safety campaign, during which we shared the valuable knowledge obtained from the safety audit, extensive research, and the implementation of new safety procedures and policies. We firmly believe that safety is a continuous effort that demands attention every minute, every hour, every day. Our primary objective is to reduce and minimize employee injuries, illnesses, and risks within the Organization. As of today, this project has been in progress for approximately 9 months, and Safety-365 continues to thrive. Throughout the remainder of the year, we have planned events, training sessions, and the dissemination of safety best practices. Our vision for this program is to run it indefinitely, ensuring a lasting culture of safety within our organization.

**Results (Did you achieve your goals? How did you measure results?):**

Since the launch of our Safety-365 program, the goal was to significantly reduce preventable injuries to zero and decrease non-preventable by 25%. The data clearly demonstrates the program's effectiveness in reducing injuries and illnesses, as evidenced by the significant decrease in days lost due to such incidents. This represents an impressive nearly 47% reduction in lost days, indicating the positive impact of Safety-365 on our workforce. Furthermore, the positive effects of this program extend beyond employee well-being and safety. When we compare the revenue impact of the two years, it becomes evident that Safety-365 has also contributed significantly to our bottom line, the total lost revenue due to injuries and illnesses decreased year over year, year to date. Additionally, the data on vehicle contacts (inclusive of all minor and major vehicle-related incidents) underscores the remarkable effectiveness of our Safety-365 program in enhancing safety and minimizing incidents on the road, resulting in significant cost savings with 23% decrease in vehicle repair. The success of a decrease in the number of injuries, time lost, vehicle contacts, cost, and lost revenue, reinforces our commitment to continuous improvement and the importance of prioritizing safety throughout our organization. As we move forward, we will continue to invest in our Safety-365 program to ensure a safer, more efficient, and cost-effective operation for the benefit of our company, employees, and stakeholders.

**Impact (What impact has this project had on your service? Information can be given as narrative. However, if possible, please provide qualitative and quantitative information.):**

The impact of the Safety-365 program has been profound and has exceeded our initial expectations. Our commitment to fostering a safety-conscious culture and promoting psychological safety has been pivotal in creating a workplace environment where employees feel empowered to speak up about safety concerns without fear of repercussions. The integration of various safety initiatives, coupled with increased training opportunities, has played a vital role in enhancing employee involvement in safety practices. Appointing dedicated safety officers has further strengthened the program's effectiveness by ensuring consistent monitoring and implementation of safety protocols. As a result of these efforts, we have observed visible changes in safety practices, heightened awareness, and active engagement from employees. The positive feedback from our workforce reinforces our conviction that the impact of Safety-365 is tangible and far-reaching. This program aligns seamlessly with our overarching goal of creating safer environments for all employees. "Lifeline Ambulance's safety leadership and committee program was impressive during the presentation. I was particularly impressed on how they demonstrated a strong commitment to ensuring the safety of their patients and employees by making easy and simple access to submit a ticket. The presentation highlighted various safety protocols, and environmental updates that are regularly conducted to maintain high standards. It's evident that safety is a top priority for Lifeline Ambulance, making them a reliable choice for emergency medical services." - Andrew Garcia, EMT & Field Training Officer "Safety-365 training was awesome and helpful!" - Crystal Ochoa, Billing Manager "Safety training is not only a necessity for our business to limit risks but also provides assurance that our management team views employee safety as a priority. Most of the training was a refresher for me but aligns with common practices for most organizations that I have been a part of. I enjoyed being in a safe environment amongst work friends and hearing answers to questions that I may not have thought of myself. The safety team did a great job in making the information easy to understand and the instructions on how to submit safety concerns very user friendly." - Sitai Brown, Assistant Director of Communications Department "No matter your position, field non-field, safety is so important. As someone in the office, you don't realize how many safety hazards exist until the hazards happen to you. Appreciated the ideas on how to be safe and more proactive in the office and out in the field." - Citlai Cleary "Encouraging the reporting of near misses is a game changer. It can be used to build programs and improve safety best practices." - Dustin Nieman, Director of Fleet and Logistics "The Empowering Leadership Safety class was very engaging and active. It was involved with everyone's feedback and participation." - David Munoz, Division Chief

**Budget (Did you have a budget? Budget numbers can be provided as a percentage of overall operating or departmental budget.):**

Approximately \$15,000 in salary inclusive of the Performance Improvement team, Training, and

Education Team, and employees who attended the training. \$1,000 for custom water bottles \$1,000 for custom safety challenge coins \$150 for Safety Officer pins  
**Supporting Documents #1:**  
Safety-365 Program Overview LifeLine EMS.pdf  
**Supporting Documents #2:**  
SAFETY POST.pdf  
**Supporting Documents #3:**  
Safety Soiree.pdf  
**Supporting Documents #4:**  
Safety 365 - Empowering Leadership for a safe workplace.pdf  
**Supporting Documents #5:**  
**Supporting Documents #6:**  
**Comments:**  
**CAASE Awards Submission Fee:**  
CAASE Awards Submission - \$100.00

**General Section**



July 2023

# SAFETY-365: Empowering Leadership for a Safe Workplace



# Introduction to Workplace Safety



**Importance of workplace  
safety**



**Legal and regulatory  
frameworks related to safety**



**Roles and responsibilities of  
management in ensuring  
safety**

# Legal and Regulatory Frameworks

<b>Occupational Safety and Health Act (OSHA Act)</b>	This federal law establishes the basic rights and responsibilities of employers and employees to ensure safe and healthy working conditions. It requires employers to provide a workplace free from recognized hazards that can cause death or serious physical harm.
<b>General Duty Clause</b>	Specified in both OSHA and Cal/OSHA guidelines, requires employers to provide a workplace free from recognized hazards that are causing or likely to cause death or serious physical harm to employees, even if a specific standard addressing the hazard has not been established.
<b>Cal/OSHA Standards</b>	In addition to federal OSHA standards, California has additional state-specific regulations known as Cal/OSHA standards. These regulations are designed to provide enhanced protection for workers and often go beyond the requirements of federal OSHA standards. For example, Cal/OSHA has specific regulations related to heat illness prevention, aerosol transmissible diseases, and workplace violence prevention.
<b>Recordkeeping and Reporting Requirements</b>	Both OSHA and Cal/OSHA have requirements for employers to maintain records of work-related injuries and illnesses. Employers must record and report specific incidents, maintain logs of injuries and illnesses, and provide access to these records for employees and OSHA/Cal/OSHA inspectors.
<b>Inspections and Enforcement</b>	Cal/OSHA have the authority to conduct inspections of workplaces to ensure compliance with safety regulations. Inspections may be routine, complaint-driven, or in response to a reported incident. Employers found to be in violation of regulations may be subject to enforcement actions, including citations, penalties, and corrective actions.

# Risk Mitigation

- Risk mitigation strategies and best practices
- Implementing safety controls and preventive measures
- Communication and training on risk mitigation





# Identifying Safety Risks

- Common safety risks in the workplace
- Techniques for identifying potential hazards
- Hazard recognition and assessment

# Activity #1

Spot the Hazard





## Safety Practices Form

LifeLine EMS is dedicated to building a culture of safety, thank you for your feedback and your contribution to our safety mission. Please use this form to report any safety concerns, near misses or safety recognition.

IF YOU OR SOMEONE HAS BEEN INJURED DO NOT USE THIS FORM TO REPORT, IMMEDIATELY CONTACT THE SHIFT COMMANDER.

### What is a Near Miss?

A safety incident where an unintended event or hazard occurs that could have resulted in injury, damage, or loss but ultimately did not. A near miss is an important learning opportunity for improving safety measures and preventing future accidents. Reporting provides insights into potential risks, highlighting areas that require attention and corrective actions to be taken before a more severe incident occurs.

### Safety Recognition

Employee demonstrates exemplary safety practices.

### Safety Concerns or Risks such as:

- Chemical or Biological Hazards
- Electrical Hazards
- Equipment Hazard
- Fire Hazards
- Hazardous and toxic materials
- Lifting Hazard
- Slips, Trips or Fall hazards
- Vehicle Hazard
- Workplace Violence

Those who choose to enter their name will receive a \$10 Starbucks or Chick-fil-A gift card.

### Instructions

Please complete the below fields. You can choose to report anonymously, your name is not required, all other fields are required.

Today's Date \*

First Name

Last Name

Concern Type \*

### Details \*

If a name was provided a member of the safety committee may reach out with further questions.

# Reporting Safety Hazards

- Overview of the Safety Practices form
- Reporting procedures for safety hazards
- Documentation and follow-up processes







## Safety/Risk Assessment Form

There is no one way to assess risks, and there are many risk assessment tools and techniques that can be used. Choose the method that best matches your situation. In all cases, the risk assessment should be completed for any activity, task, etc. before the activity begins.

### Instructions

**Identify hazards and their potential for causing harm.**  
Complete an inventory of hazards.

**Rank hazards by priority.**  
This list will be useful in planning further action.

**Determine hazard elimination or risk control measures.**  
**Record:**  
Hazard elimination or risk control measures at various locations.  
Adequacy of hazard elimination or risk control measures.  
A list of controls required or recommended by legislation, standards, best practices, or organizational policies.

**Eliminate the hazard, or implement risk controls.**  
The controls are in place and functioning appropriately.

**Measure the effectiveness of controls.**  
Monitor periodically to confirm controls continue to function.

**Make changes to improve continuously.**  
Monitor for improvements.

Person Completing Assessment: \*

Form Date Field \*

Activity / Procedure being assessed: \*

Known or expected hazards and risks associated with the activity: \*

Possible consequences: \*

What are the possible consequences?  
How likely are these consequences to occur?  
What is the possible severity of the harm?

# Risk Assessment

- Understanding the risk assessment process
- Utilizing the risk assessment form effectively
- Developing risk management plans
- Known or expected hazards and risks associated with the activity
- Possible Consequences
- Who is at Risk?
- Measures to eliminate/mitigate the risk
- Risk of control measures failing and consequences
- Training Requirements





## Site Safety Evaluation

Please use this form to evaluate any site, facility or scene that LifeLine frequents.  
There should be one complete evaluation for each Key and Super Key facility.  
Evaluations expire after 1 year and should be refreshed.

### Instructions

**Identify hazards and their potential for causing harm.**  
Complete an inventory of hazards.  
Rank hazards by priority, flag and notify as applicable.

**Determine hazard risk control measures.**  
Record:  
Hazard risk control measures at various locations.  
Adequacy of hazard elimination or risk control measures.  
Communicate with Location/Facility POC to report environment of care safety risk.

**Communication to Providers through CAD notifications and if significant enough to cause immediate risk/injury a Blink/ESO notification.**  
Make recommendations to fields providers of, standards, best practices, or organizational policies.

Site Evaluation Date \*



Site Name \*

Site Location \*

Street Address

City \*

### 1. Traffic Signage \*

Are there appropriate barriers or signage in place to direct traffic and prevent accidents?

☐ YES ☐ NO ☐ DID NOT Evaluate ☐ Not Applicable

### 2. Uneven Pavement \*

Could there possibly be a place where the gurney could get caught?

☐ YES ☐ NO ☐ DID NOT Evaluate ☐ Not Applicable

### 3. Potholes \*

Are there pothole where the employee or gurney could trip?

☐ YES ☐ NO ☐ DID NOT Evaluate ☐ Not Applicable

### 4. Pavement Cracks \*

Are cracks visible, do you think it could obstruct a smooth gurney operation?

## Site Evaluations

- Purpose and importance of site evaluations
- Conducting thorough site evaluations
- Identifying areas for improvement and implementing corrective actions



Safety

A message from your Safety Leadership and Committee

**LifeLine-EMS is dedicated to building a culture of safety through training, education, and policy development. We strive to minimize accidents through risk analysis and mitigation. Our Passion for safety awareness, health, and personal responsibility promotes employee well-being.**

Our First ever safety committee meeting occurred this month and we are proud to announce that we will be hosting safety Sundays. To assist our committee and bring up areas of improvement you can do your part and submit ideas for the committee and management to focus on continuous improvement throughout LifeLine-EMS. All are welcome to share ideas or concerns for improvements that need to be identified through the form below, also found in the HUB.

<https://app.smartsheet.com/b/form/96e848f18d0a4dc1aa83b36d45306206>

[see less](#)







## Safety

A message from your Safety Leadership and Committee

Bomb cyclone is a term given to a rapidly strengthening storm that fulfills one important criterion. Generally, pressure must drop 24 millibars (a unit of pressure) within 24 hours.

What happens? Wind and Rain. Both are not good for patient safety. Extra care and attention must be paid.

Remember our pneumonic COT SAFE.

Today, focus on Cot Safety and ensure you lower your patient to "transporting height" from loading height every time. This safe practice is best practice but most important on days like today. Lowering the patients center of gravity prevents tips.

Don't remember COT SAFE? Check out our 50 seconds of success in a Bomb cyclone and beyond.

[see less](#)



COTSAFE



Safety · Apr 9  
To: LifeLine



**Safety**

A message from your Safety Leadership and Committee

## SAFETY SUNDAY: AUTISM SPECTRUM TREATMENT AND EMS RESPONSE

Encountering a patient with autism requires a different approach to care. Some patients can have difficulty communicating their needs and become overwhelmed by stimuli. Gather information and use nonverbal cues to communicate. Remember that patients with autism may exhibit challenging behaviors but using non-confrontational techniques can de-escalate the situation.

For more information please review the attached link: <https://myasdf.org/about-autism/autism-information-for-emergency-personnel/autism-101-for-paramedicsems-emergency-medical-service/>

see less



### ASDF Autism 101 for Paramedics/EMS (Emergency Medical Service)

Autism Spectrum Disorder Foundation (ASDF) offers autism facts, exam tips and other helpful information for Paramedics and EMS personnel.





Safety · Apr 11

To: Orange County EMTs, Los Angeles County EMTs & Paramedics



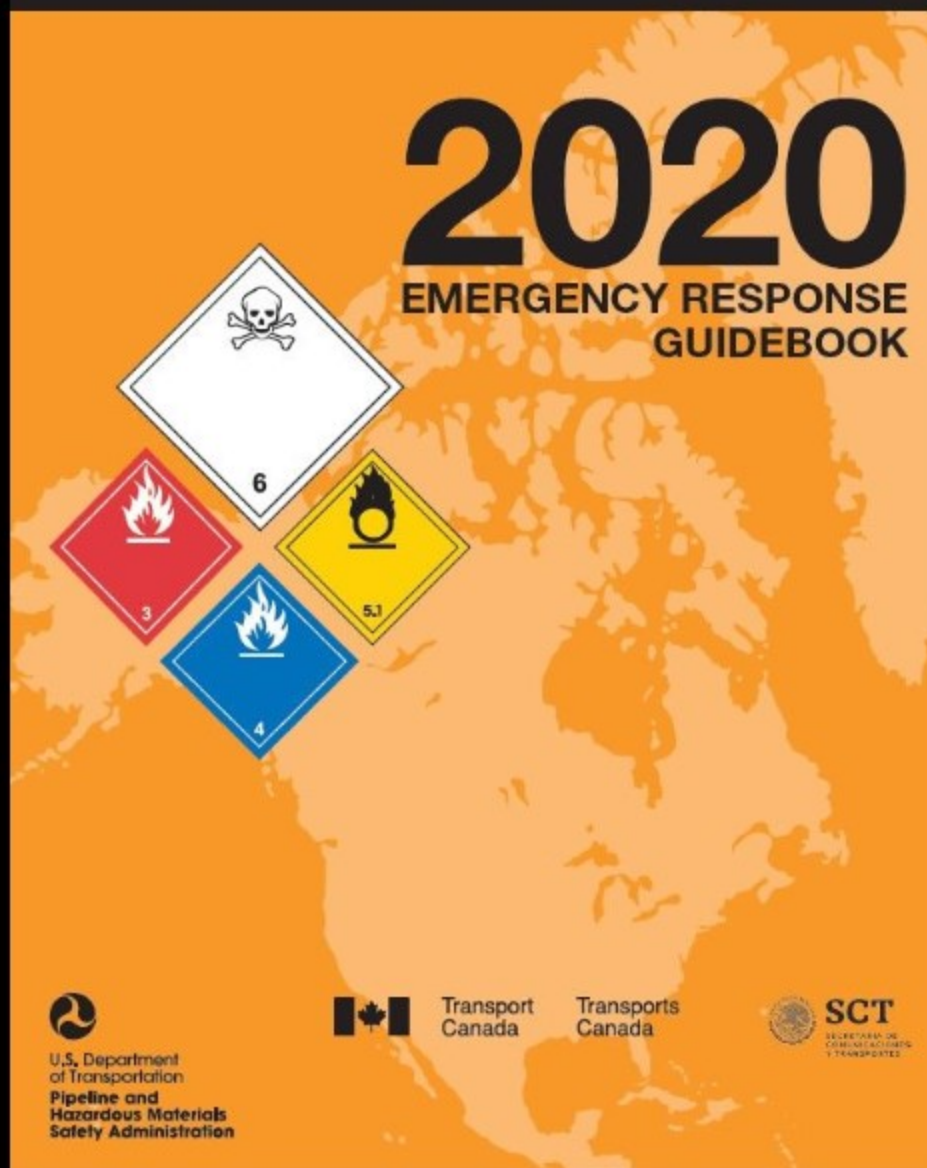
Safety

A message from your Safety Leadership and Committee

## SAFETY BULLETIN

We would like to inform you that the 2020 Emergency Response Guide (ERG) is now accessible through the Hub. Please find the PDF version of the ERG attached to this post.

A guidebook intended for use by first responders  
during the initial phase of a transportation incident  
involving hazardous materials/dangerous goods



2020 Emergency Response Guide

3.3 MB · Click to preview file







Safety

A message from your Safety Leadership and Committee

Good morning,

We are excited to announce the continuation of our Safety Committee and invite RNs or RTs to participate as a CCT representative. The Safety Committee serves to unite our team in an effort to promote and communicate health and safety standards throughout our workplace. Members of this committee are encouraged to share potential safety concerns so that we can work together proactively to minimize risk.

Meeting frequency will be once a month through video conferencing and will eventually transition to quarterly meetings. Participants will be compensated at their regular hourly wage. If interested, please contact [@Konnor Pacheco](#) for further information.

As a friendly reminder, if you have any safety concerns or ideas for safety improvement, you can complete the "Safety concerns or ideas for safety improvement" form through the Blink Hub at any time.

[see less](#)



As field providers it's essential to remember that proper patient handling techniques are crucial for the safety and well-being of both you and your patients.

Improper handling can lead to serious injuries, for the patient, you and your partner. It can also result in a delay in treatment or exacerbate an existing condition.

To ensure proper patient handling, remember to assess the patient's condition before moving them, communicate with your partner, use proper lifting techniques, and ensure you have the necessary equipment to move the patient safely.

Here are some tips:

- Keep the weight as close to you as possible
- squat down low and bend through your hips and knees
- keep your back straight and shoulders back.
- lift by strightening your hips and knees, rather than pulling up through your back.

By using proper patient handling techniques, you can provide the best care possible for your patients while keeping yourself safe from injury. Remember, safety is always a top priority.

[see less](#)







**Safety**  
A message from your Safety Leadership and Committee

## Stretching Exercises

As an EMS provider, starting your shift with a few minutes of stretching can help you prevent injuries and prepare your body for the job's physical demands. Here are some stretches you can try before you start your shift:

1. **Neck Stretch:** Gently tilt your head to one side, bringing your ear towards your shoulder. Hold for a few seconds and then repeat on the other side.
2. **Shoulder Stretch:** Reach one arm across your chest and hold it with the other arm at the elbow. Hold for a few seconds and then repeat on the other side.
3. **Wrist and Forearm Stretch:** Hold your arm out in front of you with your palm facing down. Use your other hand to gently pull your fingers back towards your forearm. Hold for a few seconds and then repeat on the other side.
4. **Hamstring Stretch:** Stand with your feet hip-width apart and slowly bend forward, reaching towards your toes. Hold for a few seconds and then slowly stand back up.
5. **Quad Stretch:** Stand with one hand on a wall or other stable surface for balance. Bend one knee and bring your foot towards your buttocks, holding your ankle with your hand. Hold for a few seconds and then repeat on the other side.

Remember to hold each stretch for at least 10-15 seconds and to stretch slowly and gently. Don't push yourself too hard; stop the stretch immediately if you feel any pain or discomfort.

Starting your shift with a few minutes of stretching can help you stay limber, reduce the risk of injury, and perform your job more effectively. Incorporate these stretches into your pre-shift routine and make them a part of your daily habits. Your body will thank you for it!

[see less](#)





## Safety

A message from your Safety Leadership and Committee

As the temperature rises, it's important to prioritize safety measures to prevent heat-related injuries and illnesses. That's why we're launching the **"Get HIIPP"** campaign, which stands for Heat Injury and Illness Prevention Plan. Here are some tips to stay safe in the heat:

1. **Hydrate:** Make sure to drink plenty of water throughout the day, even if you don't feel thirsty. Avoid sugary or alcoholic drinks, as they can actually dehydrate you.
2. **Invest in cooling equipment:** If possible, invest in fans or air conditioning to keep your environment cool. Wear lightweight, breathable clothing and use cooling towels or ice packs to keep your body temperature down.
3. **Take breaks:** Take frequent breaks in a cool, shaded area to give your body a chance to rest and recover from the heat. Avoid working or exercising during the hottest parts of the day.
4. **Know the signs of heat exhaustion and heat stroke:** Heat exhaustion symptoms include dizziness, fatigue, headache, and nausea, while heat stroke symptoms include confusion, seizures, and loss of consciousness. If you or someone around you shows these symptoms, seek medical attention immediately.
5. **Be aware of the risks:** Certain groups, such as the elderly, children, and those with certain medical conditions, are at a higher risk for heat-related illnesses. Make sure to check in on those who may be more vulnerable and take extra precautions to keep them safe.

By following these tips, you can help prevent heat-related injuries and illnesses and stay safe during the summer months. Remember to **"Get HIIPP"** and prioritize your health and safety.

[see less](#)

## HEAT EXHAUSTION

OR

## HEAT STROKE

Faint or dizzy

Excessive sweating



Cool, pale,  
clammy skin

Nausea or vomiting



Throbbing headache

No sweating

Body temperature  
above 103°  
Red, hot, dry skin



Nausea or vomiting





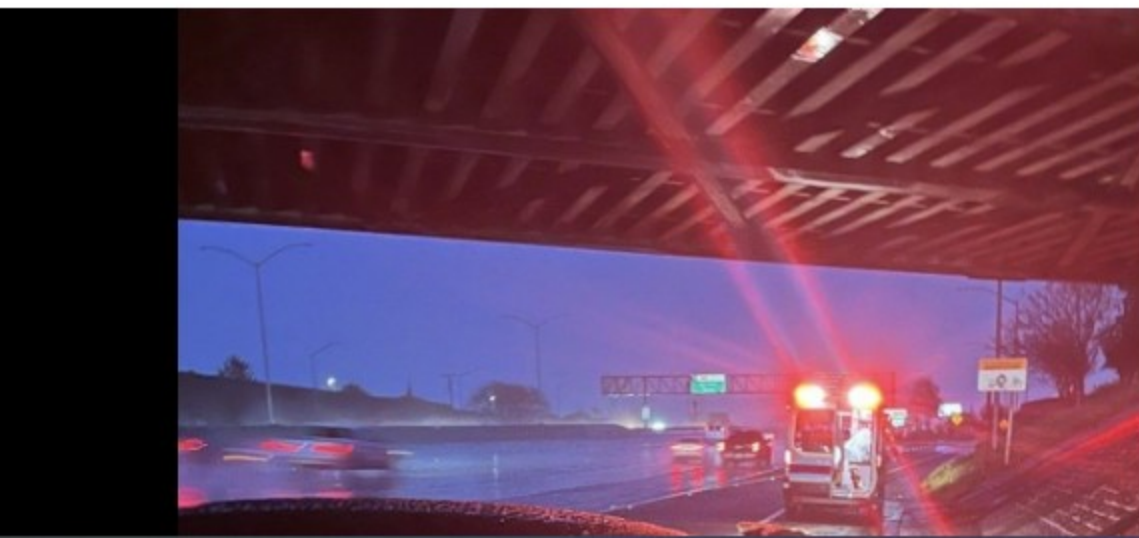
## Safety Sunday: Communication!

As an EMS provider, effective communication is key to ensuring personal, partner, and patient safety. In a fast-paced, high-stress environment, clear and concise communication can mean the difference between life and death. Here are some tips for effective communication in the field.

1. Use clear and simple language: In an emergency situation, it's important to avoid jargon and use plain language that everyone can understand. Speak clearly and concisely to ensure that your message is received and understood.
2. Repeat back and confirm: To avoid misunderstandings, it's a good practice to repeat back what you've been told and confirm that you've understood the message. This is especially important when communicating critical information such as medication dosages, patient vitals, and emergency procedures.
3. Establish roles and responsibilities: When working with a partner or team, establish clear roles and responsibilities to avoid confusion and ensure that everyone is on the same page. This can also help prevent errors and improve efficiency.
4. Use appropriate channels: Depending on the situation, there may be different channels of communication that are appropriate. For example, radio communication may be necessary in a high-noise environment, while face-to-face communication may be better in a quieter setting.
5. Prioritize safety: Finally, always prioritize safety in your communication. Whether it's personal safety for yourself and your partner, or patient safety during transport and treatment, make sure that safety is at the forefront of your communication strategy.

By following these tips and prioritizing effective communication, you can improve safety outcomes for everyone involved in an emergency situation.

[see less](#)





## Safety

A message from your Safety Leadership and Committee

### Safety Soiree!

We are happy to announce our Safety Soiree, We reviewing 2022 and 2023 Q1 data, talking about the updates to Blink, and discussing the importance of workplace safety. Please join us on May 30th or 31st via Zoom, Links below.

Tuesday 5/30/2023 @ 0930 - <https://us06web.zoom.us/j/88201324271?pwd=cVc1Nkk3UkFyM01uT2VoZkNyTVE3UT09>

Wednesday 5/31/2023 @ 1300 - <https://us06web.zoom.us/j/81120909283?pwd=bHF6WjhWHdmbS9yNmRxc2I5L3RwUT09>

If you have any questions beforehand, please reach out to [@Konnor Pacheco](#)

[see less](#)



# Safety|NewsAlert

## BREAKING NEWS

Safety|NewsAlert





Safety

A message from your Safety Leadership and Committee

## Safety Sunday!

We had an amazing session during EMS week with an industry expert who is a Paramedic focused on safety. They ran a class on something super important called Situational Awareness in the workplace.

Now, here's some exciting news! Focus Management Associates is honored to provide LifeLine EMS with Situational Awareness training for those who couldn't make it to the first session. This program is all about stressing the importance of staying present in the moment throughout our workday. It's crucial because letting our guard down and not paying attention to evolving hazardous situations can literally be the difference between life and death.

Mark your calendars for an awesome training opportunity:



When: Friday, July 28th, from 10:30 AM to 11:30 AM



Where: We're going virtual with this one! Join us via Zoom. You can participate as a group or even individually using any web-connected device.

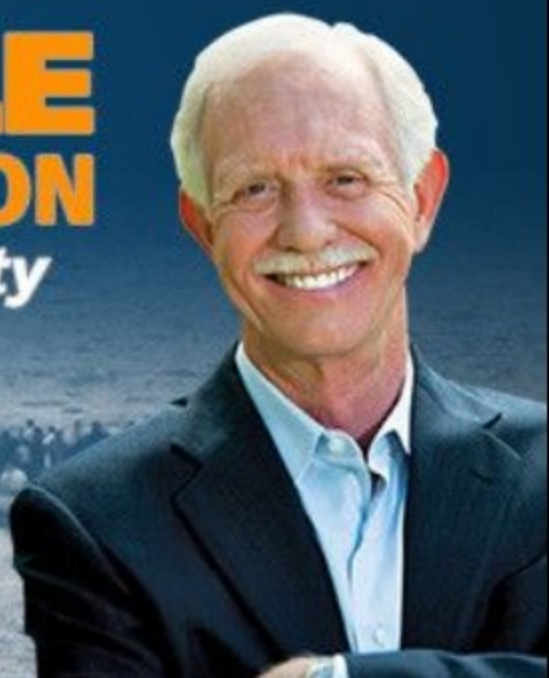
[Register here!](#)

Let's come together to enhance our skills and make our workplace a safer environment. Don't miss out on this important training session!

#SituationalAwareness #WorkplaceSafety #TrainingOpportunity

[see less](#)

**MIRACLE  
ON THE HUDSON**  
*Prepare for Safety*





Company Update · Jun 28

To: You



Safety

A message from your Safety Leadership and Committee

Mandatory Read shared from Hub



Safety Drills - Be Prepared!

Read Now



Health & Wellbeing · Jul 2

To: LifeLine



Safety

A message from your Safety Leadership and Committee



## Reminder: Monthly Stretching and Yoga Classes! 🌞 🧘



Dates: July 22nd, August 19th, and September 30th



Time: 6:00 PM



Location: Zoom and/ in person based on number of students.



Instructors: @Dianne Palley / @Nathan Makolandra



Registration Links:

- July: <https://lifeline-ems.enrollware.com/enroll?id=7967403>
- August: <https://lifeline-ems.enrollware.com/enroll?id=7967404>
- September: <https://lifeline-ems.enrollware.com/enroll?id=7967405>

Unwind and recharge with our workplace stretching/yoga classes! Learn various postures and stretching techniques that seamlessly integrate into your work routine. No matter your level of experience, our instructor will ensure a personalized approach to meet your needs. Say goodbye to stress and hello to improved posture, increased energy, and overall well-being. Join us for an uplifting and refreshing session. See you there! 😊

see less





 **Safety**  
A message from your Safety Leadership and Committee

## Ask yourself... Are you ready to get HIPP?!

### 🌞🔥 Introducing LifeLine's Get HIPP campaign! 🔥🌞

We are excited to announce the launch of LifeLine's **Get HIPP!** (Heat Illness Prevention Program) campaign, a subset of our new Safety – 365 Program.

The Get HIPP initiative is dedicated to promoting heat safety and preventing heat-related illnesses. As we enter the warmer months, it's crucial to prioritize the well-being of our community and our team and raise awareness about the potential risks associated with excessive heat. Let's come together and Get HIPP to beat the heat!

### 🔥🌴 Understanding Heat-Related Illnesses:

As EMS providers we know that heat-related illnesses, such as heat exhaustion and heatstroke, can have severe consequences on our health, ranging from discomfort to life-threatening emergencies. They occur when the body's natural cooling mechanisms fail to regulate its internal temperature in excessively hot environments. This is especially important to consider for those who work outdoors, participate in outdoor activities, or are vulnerable to extreme heat.

### 💡🔥 LifeLine's Get HIPP Program:

Get HIPP aims to educate and empower individuals to take proactive measures in preventing heat-related illnesses. This program will provide essential resources, knowledge, and actionable tips to ensure the safety and well-being of everyone during hot weather conditions. Here's what you can expect from Get HIPP in the next coming weeks:

- Hydration Tips
- Protective Measures
- Summer Safety Education
- Hydration Swag
- And more....

🔗 To learn more about LifeLine's Get HIPP program stay tuned more Blink updates and announcements.

🌞💛 Join us and Get HIPP to Beat the Heat! Remember, staying cool, hydrated, and informed is key to enjoying the summer months safely. Let's Get HIPP and protect ourselves and those around us from the risks of excessive heat. 🌞🔥🌴

[see less](#)







## Safety

A message from your Safety Leadership and Committee

**Safety Sundays: Fuel Your Body Right!**

Exercise and healthy eating are essential for your overall well-being. As an EMS provider, your job demands physical and mental resilience. At LifeLine EMS, we believe in supporting our team's overall health and well-being. By emphasizing the importance of exercise and healthy eating, we aim to empower our providers to take care of themselves. When you nourish your body with nutritious choices, you increase your stamina, maintain a strong immune system, and perform at your best when our community needs you most. Take care of yourself to perform at your best. Nourish your body with nutritious food choices. You've got this!

[see less](#)

## 7 tips to help you with exercise and activity

Most smartphones have a steps counter, set yourself a target to walk more today than you did yesterday. It's great to aim for **10,000 steps!**



Do at least **150 minutes of moderate intensity activity** a week or **75 minutes of vigorous intensity activity** a week.

Reduce time spent sitting or lying down and **break up long periods of not moving with some activity.**



Do **strengthening activities** that work all the major muscles (legs, back, chest) on at least **2 days a week.**

Look for **apps or social groups** that will support you in your activities such as 'Active 10' and 'Couch to 5k'.



Have a **standing desk** or **have meetings on your feet** or go walking whilst talking.

A healthy lifestyle is important to overall wellbeing, but make sure the **type and intensity of your activity is appropriate**





 **Safety**  
A message from your Safety Leadership and Committee

## Time to get HIPPI!


Heat Injury Illness Prevention Program


### Stay Hydrated, Stay Safe!


With the summer heat in full swing, it's essential for all employees to prioritize hydration.  Keeping hydrated isn't just about quenching your thirst – it's about safeguarding your safety and well-being. Here are some important reminders to stay hydrated in the field (and everywhere else!):




**Hydration is Key:** As EMTs and providers, you're constantly on the move. This level of physical activity, coupled with hot temperatures, can quickly deplete your body's water reserves.  Remember to drink water regularly throughout the day to replenish what you lose through sweat. Don't wait until you feel thirsty - by then, you're already starting to become dehydrated!


**Carry a Water Bottle:** Make it a habit to carry a reusable water bottle with you at all times. Having your own water supply ensures you can hydrate whenever needed, even in areas where it might be challenging to find a water source.


**Monitor Urine Color:** Your urine color is a helpful indicator of your hydration status. Aim for a light, pale yellow color. Darker urine indicates dehydration, so make a conscious effort to increase your fluid intake if you notice this.  Remember, monitoring urine color applies to everyone – it's a reliable gauge of your overall hydration level.

**Electrolytes Matter:** Sweating not only causes water loss but also depletes essential electrolytes like sodium, potassium, and magnesium. While water is crucial, consider replenishing electrolytes through sports drinks or electrolyte-enhanced beverages. These can help restore balance and keep your body functioning optimally. 

**Hydrate Before, During, and After Shifts:** Start hydrating before your shift begins to ensure you're adequately prepared. During your shifts, take short breaks to drink water, even if you're busy. It only takes a moment, but it can make a significant difference in your hydration levels. And don't forget to continue hydrating after your shifts – recovery and replenishment are just as important! 

Whether you're at work, at home, or enjoying outdoor activities, make hydration a top priority. It keeps your body functioning at its best, helps prevent heat-related illnesses, and promotes overall wellness.   

Stay cool, stay hydrated, and take care of yourself. By prioritizing hydration, you're ensuring your own well-being, and in turn, you'll be better equipped to provide exceptional care to those who depend on you. 

Stay safe and hydrated this summer!  



Health & Wellbeing · Jul 17

To: LifeLine



Safety

A message from your Safety Leadership and Committee



## Join us for our Monthly Workplace Stretching and Yoga Class! 🧘 🧘



Date: July 22nd



Time: 6:00 PM



Location: Zoom



Instructor: @Dianne Palley / @Nathan Makolandra



Register: <https://lifeline-ems.enrollware.com/enroll?id=7967403>

Welcome to our workplace stretching/yoga class! Release tension, increase flexibility, and improve your well-being in a safe and effective way. Whether you're a beginner or experienced, this class is for you. Don't miss out on the benefits of improved posture, increased energy, and reduced stress! Join us and leave feeling refreshed and ready to tackle your workday. We can't wait to stretch with you! 🧘 🧘

see less





Health &amp; Wellbeing • 15 Oct

To: LifeLine

**Safety**

A message from your Safety Leadership and Committee

**Did you know?! Today is Global Handwashing Day!** 🙌🌍

Today we join the worldwide celebration of Global Handwashing Day—a vital initiative that highlights the significance of hand hygiene in preventing infections and safeguarding against diseases. Join us in raising awareness about this crucial hygiene practice and its impact on global health!

**Why Handwashing Matters in EMS:**

In the fast-paced and demanding world of EMS, maintaining proper hand hygiene is of utmost importance. EMS providers come into direct contact with patients, providing care and support during critical moments. By practicing thorough handwashing, providers can effectively reduce the risk of transmitting infections, ensuring the safety of both themselves and the individuals they treat.

**How to Wash Your Hands Effectively:**

Proper handwashing involves the following steps:

- 1 Wet your hands with clean, running water (warm or cold).
- 2 Apply an ample amount of soap to cover all hand surfaces.
- 3 Lather your hands together vigorously, making sure to reach all areas, including the back of your hands, between your fingers, and under your nails.
- 4 **Scrub for at least 20 seconds**—a good trick is to





- 2 Apply an ample amount of soap to cover all hand surfaces.
- 3 Lather your hands together vigorously, making sure to reach all areas, including the back of your hands, between your fingers, and under your nails.
- 4 **Scrub for at least 20 seconds**—a good trick is to mentally recite important steps or guidelines relevant to EMS care.
- 5 Rinse your hands thoroughly under clean, running water.
- 6 Dry your hands using a clean towel or air dry them.

Remember, hand hygiene should be prioritized before and after every patient encounter, after handling potentially contaminated equipment or surfaces, and whenever hands become visibly soiled. Handwashing should also be practiced at key moments, such as before eating, after using the restroom, after coughing or sneezing, and after being in public spaces.

  Together for Better Handwashing in EMS:

Remember, clean hands are the foundation of safe and effective care. By prioritizing hand hygiene, we can create a safer environment for both the EMS providers and our patients you care for.

 For more information on handwashing, explore the resources provided by the Centers for Disease Control and Prevention (CDC): <https://www.cdc.gov/handwashing/index.html>

Let's embrace the power of handwashing and work towards a healthier, safer EMS community and world. Happy Global Handwashing Day!    

See less...

**Safety**

A message from your Safety Leadership and Committee

# Let's get HIPPP!

Heat Injury Illness Prevention Program

## ☀️🌴 Embrace the Sun Safely: August is Summer Sun Safety Month! 🌴☀️

As the sun shines bright and summer is in full swing, August brings with it a crucial reminder to prioritize our skin's health and safety. It's Summer Sun Safety Month—a dedicated time to raise awareness about the importance of protecting ourselves from the sun's harmful rays. Let's dive into sun safety practices and make the most of this beautiful season while keeping our skin and overall well-being in check!

### ☀️☂️ Why Sun Safety Matters:

Exposure to the sun's ultraviolet (UV) rays can have both short-term and long-term effects on our skin and health. Unprotected sun exposure can lead to sunburn, premature skin aging, eye damage, and an increased risk of skin cancer. Whether you're enjoying outdoor activities, lounging by the pool, or exploring nature, taking steps to protect yourself from the sun is crucial.

### 🕶️🧴 Sun Safety Tips for a Radiant Summer:

- 1 Apply Sunscreen:** Use a broad-spectrum sunscreen with at least SPF 30 or higher, and don't forget to reapply every two hours or more frequently if swimming or sweating. Cover all exposed areas, including your face, ears, neck, arms, and legs.
- 2 Seek Shade:** Limit your sun exposure during peak hours, typically ~~between 10 am and 4 pm~~, when the

**3** **Wear Sunglasses:** Protect your eyes from harmful UV rays by wearing sunglasses that block 100% of both UVA and UVB rays. Look for sunglasses labeled with UV 400 or 100% UV protection.

**4** **Stay Hydrated:** Drink plenty of water to stay hydrated, especially when spending time outdoors. Proper hydration is crucial for maintaining overall health, and it helps keep your skin hydrated too.

**5** **Keep Kids Safe:** Children are more vulnerable to the sun's effects. Apply sunscreen generously on children, dress them in protective clothing, and encourage them to seek shade and stay hydrated.

🔗 For more sun safety tips and resources, visit the National Today website dedicated to Summer Sun Safety Month: <https://nationaltoday.com/summer-sun-safety-month/>

### ☀️🌴 **Embrace the Sun Responsibly:**

Let's make sun safety a priority this August and beyond. Share this post with friends, family, and colleagues to spread awareness about the importance of protecting our skin from the sun's harmful rays. Encourage everyone to adopt sun safety habits and create a culture of sun protection in our communities.

Remember, a little extra caution and care can go a long way in ensuring a delightful and healthy summer season. Let's enjoy the sun responsibly and keep our skin radiant and well-protected. Happy Summer Sun Safety Month! ☀️🌴🕶️

See less...





partner. 🤝🤝

**Teamwork and Support:** The buddy system fosters teamwork and support, creating a tight-knit bond among our LifeLine EMS team. Together, we're a force to be reckoned with, and we've got each other's backs!

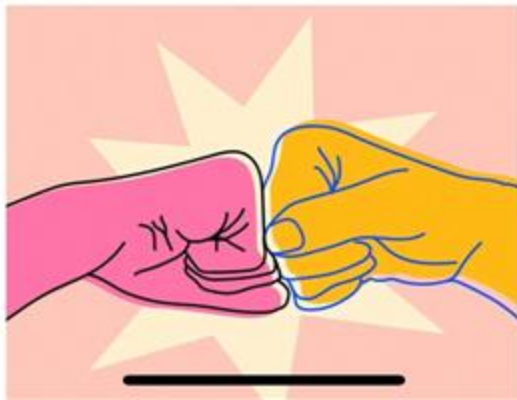


**Make It Fun:** Stay motivated and make it a friendly competition to see who can drink the most water or take the most creative shade or cooling breaks. Keeping things light-hearted makes staying hydrated a breeze! 😊🏆

Remember, when we stand together, we become an unstoppable force for good – not just in saving and caring for lives but also in protecting each other's health and well-being. The buddy system is a powerful tool to ensure we all have a safe and successful summer! 😊👥

**So, find your buddy whether it's your daily partner or your office mate, make a pact to watch over each other, and let's conquer this heat together!**

[See less...](#)





SWEEPING motion

[See less...](#)**FIRE EXTINGUISHER TYPES AND USES**

<b>FIRE RISK TYPE</b> ↓				
	<b>WATER</b>	<b>FOAM</b>	<b>CO<sub>2</sub></b>	<b>POWDER</b>
 <b>A</b> PAPER, WOOD, TEXTILE	✓ YES	✓ NOT VERY EFFECTIVE	✓ NOT VERY EFFECTIVE	✓ NOT VERY EFFECTIVE
 <b>B</b> FLAMMABLE LIQUIDS	✗ NO	✓ YES	✓ YES	✓ YES
 <b>C</b> FLAMMABLE GASES	✗ NO	✗ NO	✓ YES	✓ YES
 <b>ELECTRICAL HAZARD</b>	✗ NO	✗ NO	✓ YES	✓ YES
 <b>VEHICLE PROTECTION</b>	✗ NO	✓ YES	✗ NO	✓ YES

 Like Comment Boost**Schedule**

Send on

6 Aug, 10:00 &gt;



Health &amp; Wellbeing • 6 Aug

To: LifeLine



Safety

A message from your Safety Leadership and Committee

## 🔥 Are You HIPPA When Things Get Too Hot? 🔥 🔥 🔥

### Fire Extinguisher Tips and Safety 🧯

As emergency medical service providers, preparedness is key. Knowing the location and proper use of fire extinguishers ensures your ability to respond swiftly in case of an emergency. By promoting fire safety, we enhance our providers' ability to protect themselves, their colleagues, and the communities we serve. Take the time today to locate the Fire Extinguisher closest to your workstation or located in the unit.

Remember the acronym **PASS** when you need to use an extinguisher.

**PULL** the pin

**AIM** at the base

**SQUEEZE** the trigger

**SWEEPING** motion

[See less...](#)

### FIRE EXTINGUISHER TYPES AND USES

**FIRE  
RISK  
TYPE**



**Safety**

A message from your Safety Leadership and Committee



# "Get HIPP" Heat Illness Prevention Program: The Power of the Buddy System!



Hey team, listen up! Our Get HIPP (Heat Illness Prevention Program) campaign is all about looking out for one another, especially during the hot summer months. That's why we're putting the spotlight on the mighty **Buddy \*\*System!\*\*** 🧡💙

Here's how teaming up with a buddy can make a real difference in keeping everyone safe and well-hydrated during our shifts:

**Hydration Reminders:** Your buddy will be your hydrating cheerleader! Remind each other to drink water regularly, even when things get hectic. Staying on top of our hydration game is crucial in the scorching heat. 💧🚰

**Spot the Signs:** Two sets of eyes are better than one! With your buddy by your side, you can watch for early signs of heat-related illnesses. If you notice anything concerning, speak up and seek help immediately. Early intervention is key! 👁️👁️🚑

**Stay Accountable:** Sometimes, we can get caught up in the job and forget about our own well-being. With a buddy, you both hold each other accountable for staying safe and looking out for yourselves and your partner. 🤝🤝

**Teamwork and Support:** The buddy system fosters teamwork and support, creating a tight-knit bond among our LifeLine EMS team. Together, we're a force

# **LIFELINE-EMS**



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## **AMBULANCE SERVICE**

### **Safety Soirée**

LifeLine EMS Inaugural Safety Soirée





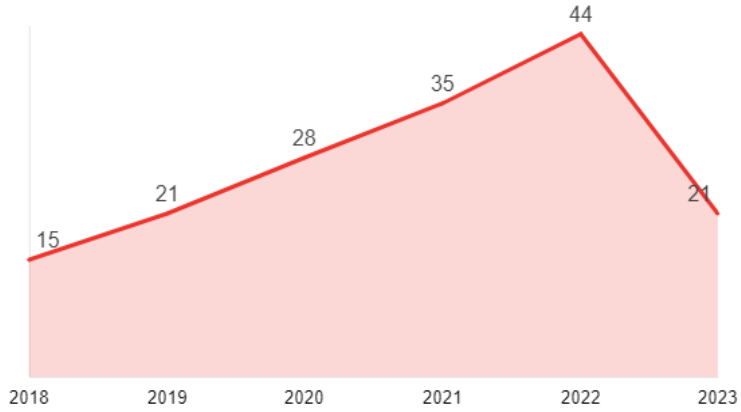
# June 6<sup>th</sup> and 7<sup>th</sup> 2023 - Safety Soirée

- In Review
- Objectives and Successes
- Culture of Safety
- Safety Resources
- Safety and Risk Reporting
- Behind the Scenes
- Safety Committee
- Safety Focus and Goals

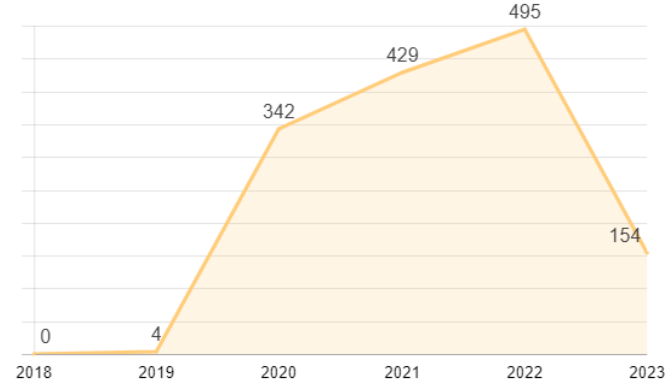




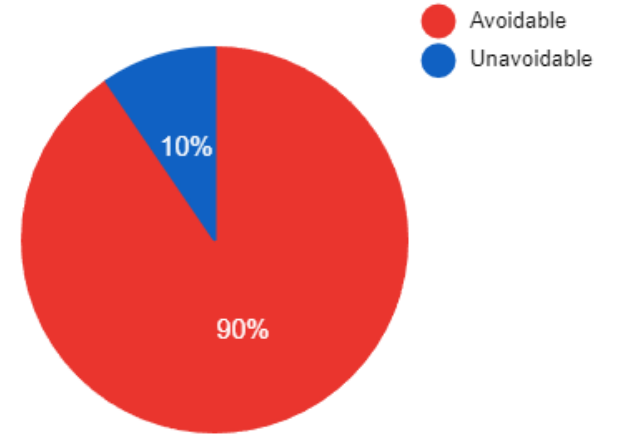
Total Number of Injuries by Year



Total Number of Days Lost by Year



2023 Injuries



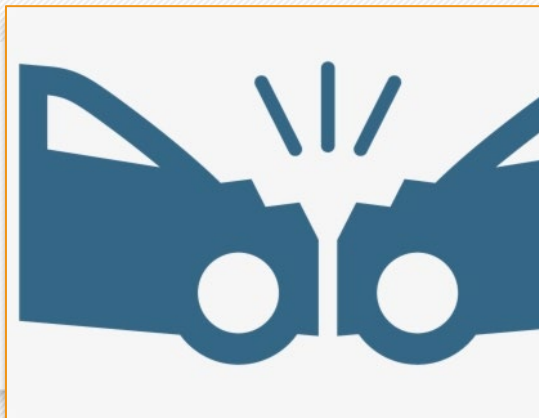
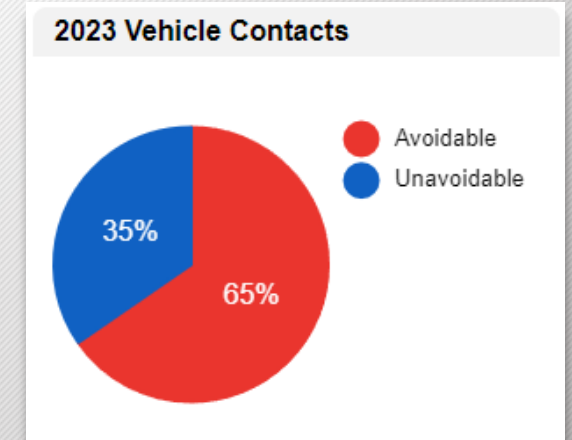
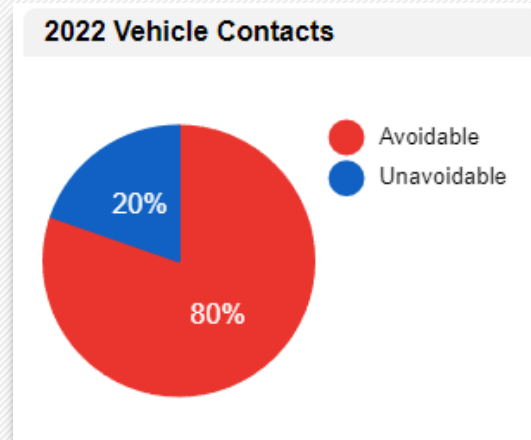
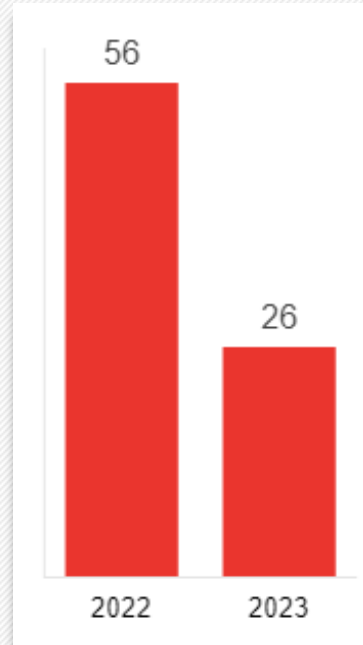
# In Review

## Injuries





According to the NHSTA  
National Highway Traffic Safety  
Administration, in 2022, 94% of  
accidents were related to  
human error.



## In Review

### Vehicle Contacts





# 1<sup>st</sup> Half of the Year Objectives and Successes



---

Increased Safety Communications

---

Illness and Injury Prevention Program (IIPP)

---

Increased Safety Resources

---

Safety and Risk Documentation and Procedure

---

Biannual review of findings - Safety Soirees














# Safety Resources - Blink Hub

## Section 200 - Safety and Risk Management

-  200.1 – Safety and Risk Management Overview
-  200.10 – Patient Safety
-  200.11 – Personal Protective Equipment (PPE)
-  200.12– Fleet Safety Standards
-  200.13 – Safe Driving Guidelines
-  200.14 - Vehicle Accidents
-  200.15 - Office Ergonomics
-  200.16 - Client Site Safety Evaluation
-  200.17 – Return to Work Program
-  200.18 – Zero Tolerance Road Rage
-  200.19 – Driving Record
-  200.2 – Duties of Employees
-  200.3 – Safety Program and Training
-  200.4- Safety Committee
-  200.5 - OSHA Regulations and Inspections
-  200.6 – Hazard Assessment and Control
-  200.7 – Hazard Communication Standards (Safe...)
-  200.8 – COT SAFE and Stretcher Operations
-  200.9 – Employee Safe Lifting

### SAFETY

-  Active Shooter Information >
-  Driving Safety >
-  Fire Extinguishers >
-  HQ Evacuation Plans >
-  Safety Events/Calendar >
-  SDS >
-  Site Safety Evaluations >
-  10 Principles of Verbal De-escalation
-  2020 Emergency Response Book
-  IIPP Version 4.2 April 2023
-  Safety Concerns or Near Misses

### Feed



### Chats



### Directory








### Hub



### Admin

### Invite

## Policies and Procedures

-  Section 100 - Personnel & Employee Develo... >
-  Section 200 - Safety and Risk Management >
-  Section 300 - Operations >
-  Section 400 - Communications Center & Di... >
-  Section 500 - Support Services >
-  Section 600 - Fleet Management >
-  Section 800 - Administration >

# Reporting

Concerns/Risks

Recognition

Near Misses

## Safety Practices Form

LifeLine EMS is dedicated to building a culture of safety, thank you for your feedback and your contribution to our safety mission.  
Please use this form to report any safety concerns, near misses or safety recognition.

**IF YOU OR SOMEONE HAS BEEN INJURED DO NOT USE THIS FORM TO REPORT, IMMEDIATELY CONTACT THE SHIFT COMMANDER.**

**What is a Near Miss?**  
A safety incident where an unintended event or hazard occurs that could have resulted in injury, damage, or loss but ultimately did not.  
A near miss is an important learning opportunity for improving safety measures and preventing future accidents.  
Reporting provides insights into potential risks, highlighting areas that require attention and corrective actions to be taken before a more severe incident occurs.

**Safety Recognition**  
Employee demonstrates exemplary safety practices.

**Safety Concerns or Risks** such as;

- Chemical or Biological Hazards
- Electrical Hazards
- Equipment Hazard
- Fire Hazards
- Hazardous and toxic materials
- Lifting Hazard
- Slips, Trips or Fall hazards
- Vehicle Hazard
- Workplace Violence

Those who choose to enter their name will receive a \$10 Starbucks or Chic-fil-A gift card.

### Instructions

Please complete the below fields. You can choose to report anonymously, your name is not required, all other fields are required.

Today's Date \*

First Name

Last Name

Concern Type \*

Details \*

If a name was provided a member of the safety committee may reach out with further questions.



# Behind the Scenes, What Happens Next?

## Who is responsible?

SDS

SAFETY DATA SHEET

INFORMATION FOR EMPLOYEES

SDS Tracking

Please Log any New Chemicals. Attach the PDF of SDS to the log entry.

Added to Inventory Date \*

Chemical Brand Name \*

Manufacturer's Chemical Name

Manufacturer \*

Location \*

Select

Website of SDS \*

File Upload \*

Drag and drop files here or [browse files](#)

Container Type

Select

Submit

Privacy Notice | Report Abuse

Site Safety Evaluation

Please use this form to evaluate any site, facility or scene that LifeLine frequents.  
There should be one complete evaluation for each Key and Super Key facility.  
Evaluations expire after 1 year and should be refreshed.

Instructions

Identify hazards and their potential for causing harm.  
Create an inventory of hazards.  
Rank hazards by priority, flag and notify as applicable.  
Determine hazard risk control measures.  
Implement risk control measures at various locations.  
Communicate with Location/Facility POC to report environment of care safety risk.  
Communicate to Providers through CAD notifications and if significant enough to immediate risk/injury a Blink/ESO notification.  
Recommendations to fields providers of, standards, best practices, or national policies.

Evaluation Date \*

Name \*

Location \*

Address

Signage \*

Are appropriate barriers or signage in place to direct traffic and prevent accidents?  
YES ☐ NO ☐ DID NOT Evaluate ☐ Not Applicable ☐

Even Pavement \*

Is there possibly be a place where the gurney could get caught?  
YES ☐ NO ☐ DID NOT Evaluate ☐ Not Applicable ☐

Potholes \*

Are there potholes where the employee or gurney could trip?  
YES ☐ NO ☐ DID NOT Evaluate ☐ Not Applicable ☐

Cracks \*

Are cracks visible, do you think it could obstruct a smooth gurney operation?

SAFETY

Safety/Risk Assessment Form

There is no one way to assess risks, and there are many risk assessment methods and techniques that can be used. Choose the method that best fits your situation. In all cases, the risk assessment should be completed for any activity, task, etc. before the activity begins.

Instructions

Identify hazards and their potential for causing harm.  
Create an inventory of hazards.  
Rank hazards by priority, flag and notify as applicable.  
Determine hazard risk control measures.  
Implement risk control measures at various locations.  
Communicate with Location/Facility POC to report environment of care safety risk.  
Communicate to Providers through CAD notifications and if significant enough to immediate risk/injury a Blink/ESO notification.  
Recommendations to fields providers of, standards, best practices, or national policies.

Completing Assessment: \*

Evaluate Field \*

Procedure being assessed: \*

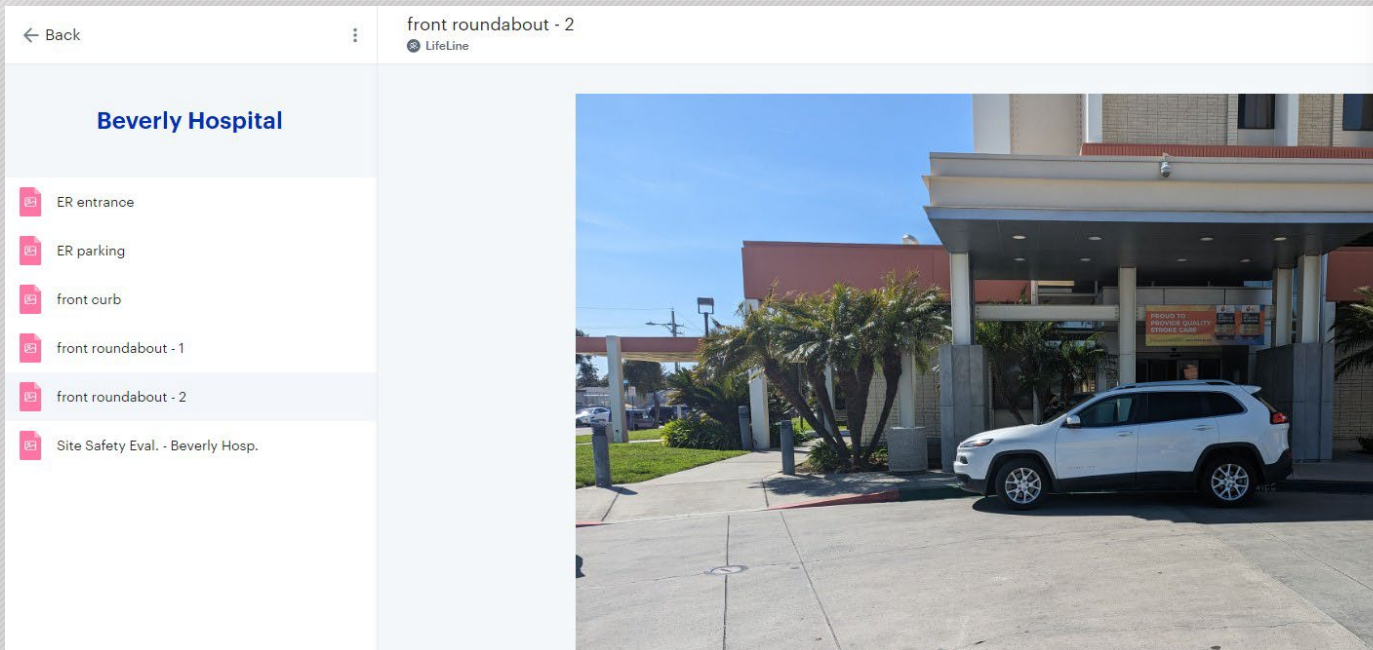
Expected hazards and risks associated with the activity: \*

Consequences: \*

What are the possible consequences?  
How likely are these consequences to occur?  
What is the possible severity of the harm?



# Site Safety Eval Example



Here's a quick update on "Site Safety Eval".

## Site Safety Eval

Row 4

Site Name Beverly Hospital

Evaluation Date 04/04/23

Street Address 309 w Beverly blvd

City Montebello

1. Traffic Signage YES

Comment 1

2. Uneven Pavement YES

Comment 2 If an ambulance comes from the main entrance there is a sidewalk if they don't use the wheel chair ramp

3. Potholes NO

Comment 3

4. Pavement Cracks YES

Comment 4 little cracks between concrete slabs

5. Debris NO



# Culture of Safety

- Positive Safety Culture
- Situational Awareness
- Ownership
- Communication
- Participation
- Recognition



# Situational Awareness Training Recap



25%



# Safety Committee

- David Tolliver - Field
- Rebecca Pacheco - Billing
- Garret Arter - Field
- Jennifer Kang - Field
- Christian Thomas - Field
- Elisa Silva - Nursing
- Konnor Pacheco - Management
- Katie Palmatier - Management
- Scott Morency - Contractor

We want more of you!





# Safety Focus and Goals 2023

Increased Safety Communications

Increased Safety and Risk Reporting

Ambassador of Safety

Safety Training

Decrease Injury and Illness by at least 25%



# Remember Safety Starts With YOU

Interested in joining the safety committee?

Email Konnor

[kpacheco@lifeline-ems.com](mailto:kpacheco@lifeline-ems.com)





# Safety-365

---

**Prioritizing Safety Every minute, Every Hour, Every day.**



Performance Improvement and Safety Team Collaboration  
LIFELINE-EMS | 6605 E WASHINGTON BLVD. COMMERCE, CA

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## LifeLine-EMS Program: **Safety-365**

### Introduction

Safety-365 is an innovative and all-encompassing safety program implemented by LifeLine-EMS, aimed at developing employee safety practices, and fostering a culture of safety excellence. This comprehensive program introduces a range of impactful initiatives, including revitalized emergency action plans, safety training drills, mobile accessibility to safety forms and documentation, customer/facility site evaluation, virtual safety events, leadership training, continual training, safety committees, challenge coins to honor safety champions, incentive programs, interactive dashboards for tracking safety metrics, and employee safety evaluations. Each component of Safety-365 plays a vital role in ensuring the well-being of employees and bolstering the overall operations of LifeLine-EMS, promoting a secure environment, and instilling a deep commitment to safety.

### Program Outline

#### **Revitalized Emergency Action and Injury Prevention Plans**

**Purpose:** Reviewing and updating existing emergency action plans

**Importance:** Ensuring preparedness for potential emergencies, minimizing risks, and safeguarding employees' lives and well-being

Under Safety-365, in January 2023 our emergency action plans went through a thorough revitalization. We reviewed and updated these plans to ensure they align with the latest industry standards and address the specific risks faced by LifeLine-EMS employees. By enhancing our emergency response protocols, we can effectively mitigate potential hazards and minimize the impact of emergencies. This ensures that our employees are well-prepared, confident, and equipped to navigate any hazardous/risky situation that may arise.

#### **Safety Training Drills**



**Purpose:** Conducting regular safety training drills for better performance decreases panic in the event of a true emergency.

**Importance:** Enhancing employee awareness, practicing emergency response protocols, and promoting swift and efficient action during emergencies.

Our most recent fire drill was held in June of 2023. Regular safety training drills form a cornerstone of Safety-365. Fire, evacuation, and active shooter drills are scheduled throughout the year. These drills enable our employees to practice and familiarize themselves with safety procedures, test the effectiveness of our contingency plans and ensure a swift and efficient response during emergencies. By simulating various scenarios, we enhance employee awareness, refine their emergency response skills, and instill a culture of preparedness. Safety training drills cultivate confidence and empower our employees to prioritize their safety and the safety of others.

Additionally, we are collaborating closely with the local fire department and police department to implement and receive feedback on our future safety training drills. The involvement of the fire and



police departments brings an external perspective, valuable insights, and expert guidance to our drills. Their feedback and recommendations will help us identify areas for improvement, refine our procedures, and enhance the overall effectiveness of our safety training program. By working together with local authorities, we demonstrate our commitment to maintaining the highest standards of safety and fostering a collaborative approach to safety practices and preparedness.

## Get HIPP (Heat Illness Prevention Program) Campaign

**Purpose:** The purpose of the "Get HIPP" campaign at LifeLine-EMS is to prioritize employee health and safety by promoting awareness, education, and preventive measures against heat-related illnesses. Through the distribution of company-branded water bottles with custom label designs, and informative Blink posts (our internal communication system), we aim to empower employees with the knowledge and resources necessary to recognize, prevent, and respond to heat exhaustion and heat stroke.

**Importance:** The Get HIPP program holds significant importance as it demonstrates LifeLine-EMS's unwavering commitment to the well-being of our employees. By implementing this comprehensive campaign, we address the inherent risks posed by high temperatures and ensure a safe working environment.

Throughout the hottest time of the year EMTs hand out to our communities and partners company-branded water bottles serves as a visible reminder for our communities to prioritize hydration, while the custom label designs with first aid measures and signs/symptoms of heat-related illnesses promote immediate action and proper response.

For our employees the informative Blink posts disseminate valuable tips related to heat illnesses and summer weather, enabling employees to make informed decisions and adopt preventive measures.

Our Get HIPP Campaign launched June 2023 and will run through September 2023. Through the Get HIPP initiative, we not only reduce the risk of heat-related incidents and improve employee morale and productivity but also reinforce our core values and strengthen the bond of trust between the organization and its employees.

**PLEASE RECYCLE**  
**CA CASH REFUND**  
 DISTRIBUTED BY BOTTLED EVENTS COVER, DE 19301  
 LOCAL MUNICIPAL SOURCE PURCHASED BY REVERSE OSMOSIS  
 FOR WATER QUALITY & INFORMATION CONTACT  
 BOTTLED EVENTS - 657 223-4007 - BOTTLEDVENTS.COM

**HEAT STROKE**  
**S&S, FIRST AID**  
 • AMS  
 • COMA  
 • CONFUSION  
 • FATAL (IF DELAYED TX)  
 • HIGH BODY TEMP.  
 • HOT & DRY SKIN OR  
 • PROFUSE SWEATING  
 • SEIZURES  
 • SLURRED SPEECH  
**SIGNS & SYMPTOMS**  
 • CALL 911, FOR EMS  
 • MOVE TO THE SHADE  
 • USE A FAN TO COOL  
 • USE ICE PACKS OR  
 • COLD WATER IMMERSION (CWI)  
 • CWI\* TO COOL RAPIDLY  
 \*COLD WATER IMMERSION (CWI)  
 IS THE STANDARD OF CARE FOR  
 HEAT STROKE

**LIFELINE-EMS**  
**AMBULANCE SERVICE**  
 ★ ★ ★ ★ ★  
**PURIFIED DRINKING WATER**  
 16.9 FL OZ (1.25 PT) 499 ML

**Heat Exhaustion**  
 Heat exhaustion is the body's response to an excessive loss of water and salt, usually through excessive sweating. Heat exhaustion is most likely to affect:  
 • The Elderly  
 • People with high blood pressure  
 • Those working in a hot environment  
**Symptoms** of heat exhaustion include:  
 • Headache • Thirst  
 • Nausea • Heavy Sweating  
 • Dizziness • Elevated Body Temp.  
 • Weakness • Decreased Urine  
 • Irritability • Output  
**First Aid** includes:  
 • Move to the shade  
 • Use a fan to circulate airflow  
 • Use a damp cloth or ice packs behind the neck, under the armpits and in the groin  
 • Encourage frequent sips of cool water or electrolyte drinks

## Safety Hub- Mobile Accessibility to Safety Forms, Tools, and Resources

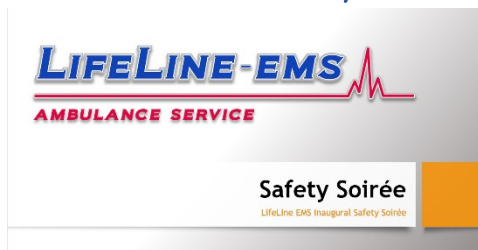
**Purpose:** The Safety Hub was developed in March of 2023 and is continuously updated as needed with the best practices, safety tools and resources. Developing a mobile resource for employees' access to safety resources on the go.



**Importance:** Facilitating immediate access to critical safety information, empowering employees to report hazards or incidents promptly, and promoting real-time documentation.

In the fast-paced world of EMS professionals, mobility and convenience are paramount. Safety-365 addresses this by providing mobile accessibility to safety forms and documentation for all employees. Through the use of Blink, a mobile workforce application, employees can easily access critical safety information via the Safety Hub, report hazards or incidents on the go, and have instant access to safety resources. This seamless access to safety-related documents ensures that employees are equipped with the necessary information and tools to prioritize safety at all times, regardless of their location.

## Bi-annual Virtual Safety Soiree



**Purpose:** Organizing virtual safety events to promote awareness and engagement. Disseminate and discuss the previous 6 months' results and or opportunities.

**Importance:** Sharing best practices, fostering a safety-oriented culture, and encouraging active participation and collaboration among employees

Presented June of 2023 marked our inaugural Virtual Safety Soiree. Promoting awareness, engagement, and collaboration are key aspects of Safety-365, and our bi-annual Virtual Safety Soiree serves as a vital platform for achieving these goals. These virtual safety events bring together employees from all levels of the organization to share best practices, success stories, safety trends, statistics, and key safety updates. The Soiree fosters a sense of camaraderie, reinforces safety knowledge, and encourages active participation in shaping our safety culture. By leveraging technology, we ensure widespread participation and establish a robust network of safety advocates throughout our organization.

## Leadership Training

**Purpose:** Providing specialized training for the leadership team.

**Importance:** Equipping leaders with the knowledge and skills to effectively enforce safety protocols, inspire their teams, and champion safety initiatives. July 2023 we launched “**SAFETY-365: Empowering Leadership for a Safe Workplace**” with participation from our Field Training Officers and leadership from each organizational department. Effective safety leadership is critical for the success of any safety program. Under Safety-365, we invest in specialized leadership training to equip our supervisors and managers with the skills and knowledge needed to champion safety in their respective teams. This training enhances their ability to enforce safety protocols, identify potential risks, and motivate their teams to prioritize safety. By nurturing strong safety leaders, we create a cascading effect that permeates our organization, promoting a culture of safety from the top down.



## Continuous Education & Training

**Purpose:** Conducting annual safety training sessions for all employees.

**Importance:** Reinforcing safety knowledge, updating employees on emerging risks or protocols, and instilling a sense of responsibility for maintaining a safe work environment

Continuous learning is vital to maintaining a safe work environment. Safety-365 includes annual training sessions that cover important safety topics, updates on emerging risks, and reinforce best practices. These training sessions provide employees with the opportunity to refresh their knowledge, ask questions, and stay up to date with the latest safety protocols.

### Classes:

- Situational Awareness
- Assessment Based Management for the Emergent Run.
- Empowering Leadership for a Safe Workplace

## Wellbeing Classes & Opportunities

**Purpose:** To make wellness opportunities more accessible, we ensure that all employees have equal access and can participate in the wellbeing initiatives regardless of their location or shift constraints. This inclusivity fosters a sense of community and promotes a shared commitment to wellbeing among our diverse workforce.

**Importance:** LifeLine-EMS places a strong emphasis on the holistic wellbeing of our employees. We understand that promoting physical and mental health contributes to a safer and more productive work environment. We are proud to offer a range of free wellbeing classes and opportunities, including our monthly yoga and stretching classes, led by two employees, one a certified classically trained professional and the other a ballet dancer. Their unique and invaluable yoga and stretching designed to cater to the needs of all employees and are conveniently live-streamed, ensuring accessibility for every team member regardless of their location or shift schedule.



Participating in our monthly yoga and stretching class brings numerous benefits to our employees. Firstly, it promotes physical fitness, flexibility, and overall body strength. Engaging in regular stretching exercises helps to prevent injuries, reduce muscle tension, and improve posture, all of which are crucial in maintaining a safe and comfortable work environment. Additionally, these classes offer an opportunity for employees to unwind, destress, and rejuvenate, leading to enhanced mental clarity, improved focus, and increased resilience in the face of challenges.

## Safety Committee

**Purpose:** Establishing a dedicated safety committee with representatives from various departments.





**Importance:** Creating a platform for regular safety discussions, incident reviews, identifying improvement opportunities, and fostering cross-functional collaboration.

The Safety Committee at LifeLine-EMS plays a vital role in our Safety-365 program. Comprised of representatives from various departments and positions within the organization, the committee serves as a platform for collaboration, communication, and collective decision-making to enhance safety practices and initiatives. Meeting every other month, the purpose of the Safety Committee is to proactively identify potential safety concerns, review safety policies and procedures, and recommend improvements to ensure the highest level of safety for our employees and stakeholders.

The Safety Committee serves as a forum for open discussions, where diverse perspectives and experiences come together to address safety-related challenges and develop effective solutions. By bringing together individuals from different areas of expertise, the committee ensures comprehensive safety coverage across all aspects of our operations.

During the committee meetings, members have the opportunity to share insights, provide feedback, and propose innovative ideas to improve safety standards. This collaborative approach fosters a sense of ownership and shared responsibility, as everyone is actively involved in shaping the safety culture at LifeLine-EMS.

The Safety Committee also serves as a bridge between the management team and employees, acting as a conduit for communication regarding safety-related matters. Committee members help disseminate information, updates, and best practices, ensuring that safety-related messages are effectively conveyed throughout the organization.

Ultimately, the purpose behind the Safety Committee is to facilitate continuous improvement in our safety practices, policies, and procedures. By regularly reviewing and evaluating our safety initiatives, the committee plays a crucial role in identifying areas for enhancement and implementing proactive measures to mitigate potential risks. Through the collective efforts of the Safety Committee, we strive to foster a culture of safety, accountability, and continuous learning that resonates throughout LifeLine-EMS, making it a safe and secure environment for all.

## Safety Officers



As a testament to our commitment to safety, LifeLine-EMS incorporates a special Safety Officer pinning ceremony within the framework of our Safety-365. This ceremonial event serves as a heartfelt recognition and honor for our Safety Committee, Field Training Officers (FTOs) and Safety Leaders who have demonstrated exceptional dedication to building a strong safety culture within our organization.

The Safety Officer pinning ceremony, July 2023, is reserved for those individuals who have gone above and beyond by participating in additional training and education focused on safety. These individuals have embraced their roles as ambassadors of safety, taking on the responsibility of guiding and mentoring their peers in safety best practices. Their commitment to ongoing learning and professional development is a testament to their passion for creating a safe work environment.



During the pinning ceremony, deserving leaders in safety are publicly acknowledged and presented with a distinct pin, symbolizing their invaluable contributions to the safety program. The pin serves as a visible reminder of their commitment and serves to inspire others to follow their lead.

At LifeLine-EMS, we firmly believe that creating a culture of safety requires the active participation of every individual. The Safety Officer Pinning Ceremony stands as a new tradition, recognizing and celebrating the dedication of our FTOs and Safety Leaders in championing safety practices and inspiring others to prioritize safety in all aspects of our operations.

## Safety Challenge Coins

**Purpose:** Introducing safety challenge coins, August 2023, to recognize employees who exemplify safety best practices.

**Importance:** Commemorating individuals who prioritize safety, promoting a positive safety culture, and inspiring others to embrace safety as a core value.

At LifeLine-EMS, we believe in recognizing and honoring individuals who exemplify outstanding dedication to safety. As part of the Safety-365 program, we introduce Safety challenge coins as a symbol of appreciation for those who prioritize safety in their daily work. These challenge coins serve as a tangible token of recognition, reminding recipients of their commitment and inspiring others to follow suit. By commemorating employees who go above and beyond to ensure safety, we create a culture that values and celebrates safety excellence. These challenge coins not only foster a sense of pride and accomplishment but also act as a constant reminder of the importance of safety in all aspects of our operations.

## Incentive Programs

**Purpose:** Implementing programs to incentivize reporting of near misses, safety concerns, and safe practices recognition.

**Importance:** Encouraging proactive hazard reporting, cultivating a reporting culture, and rewarding employees' contributions to maintaining a safe work environment.



As part of our commitment to fostering a strong safety culture, Safety-365 includes incentive programs that recognize and appreciate employees who report near misses and safety risks. We go the extra mile by showing our gratitude through small gestures that make a big impact. For every near miss or safety concern reported, we treat the employee to a coffee or lunch, creating an atmosphere of appreciation and encouragement. These simple acts not only acknowledge the employee's proactive approach to safety but also serve as a reminder that their contribution is valued and essential in creating a safer work environment. By fostering a culture of recognition and reward, we motivate employees to actively engage in safety reporting, making LifeLine-EMS a place where safety concerns are promptly addressed, and employees feel empowered to make a difference.



The collage features several documents:

- Site Safety Evaluation:** A form with fields for Name, Title, Date, and a section for 'Comments'.
- LIFTING LADS:** A safety notice with the heading 'LIFTING LADS' and a sub-heading 'Safety Practices Exam'.
- Safety Practices Exam:** A multiple-choice exam with questions about lifting techniques and safety procedures.
- LIFTING LADS (Yellow Background):** A safety notice with the heading 'LIFTING LADS' and a sub-heading 'Employee Risk Eval'.
- Employee Risk Eval:** A form with fields for Name, Title, Date, and a section for 'Comments'.



**Importance:** Within the Safety-365 program, LifeLine-EMS has implemented an employee risk evaluation system that utilizes a point-based approach. Each observed risk is assigned a point value based on its severity: minor risks accumulate 0.25 points, moderate risks accumulate 0.50 points, and severe risks accumulate 0.75 points. All employees are evaluated and must not exceed 2 points within a calendar year.

To establish a baseline and address any initial risks before employees enter the field, the first evaluation is conducted at the end of their orientation period, without accumulating points. This initial evaluation is crucial in identifying and addressing any potential issues, such as poor body mechanics or improper safety practices. By conducting this evaluation through a web-based form, we ensure efficient data collection, storage, and tracking. The system also incorporates custom automation, streamlining the evaluation process and enabling us to trend and analyze data effectively. This data-driven approach allows us to make informed decisions, implement targeted interventions, and continuously improve our safety practices, ultimately safeguarding the well-being of our employees.

### Safe Practices Form

**Purpose:** The Safe Practices form enables employees to document and share safe work practices, report any safety concerns, near misses, or safety recognition. To ensure that potential risks and hazards are identified and addressed promptly.

**Importance:** Reporting safety concerns, near misses, and safety recognition plays a crucial role in maintaining a safe and secure environment at LifeLine-EMS. By encouraging individuals to report potential risks, we promote a proactive approach to safety and minimize the likelihood of accidents and injuries. Near misses serve as important learning opportunities, as they offer insights into the circumstances that could have led to harm. By capturing these near misses through reporting, we can identify trends, patterns, and areas that require improvement to enhance overall safety measures. Furthermore, recognizing employees

who demonstrate exemplary safety practices not only encourages a positive safety culture but also serves as a motivation for others to follow suit. By using the provided form to report safety concerns, near misses, and safety recognition, we empower our organization to identify and address potential hazards, thereby ensuring the well-being of our employees and the continued provision of high-quality services.

### Digital SDS Log

One of the key components of our safety management system at LifeLine-EMS is the digital SDS log. With a focus on accessibility and real-time updates, this digital log serves as a centralized platform that empowers all employees to access and review Safety Data Sheets (SDS) from anywhere, at any time.



File	Automation	Forms	SDS Tracking						
	Chemical Brand Name	Manufacture	Added to Inventory Date	SDS added to Bink & ESD	Location	Website of SDS	Manufacturer's Chemical Name	Container Type	Is the secondary bottle isolated properly
	Solution # 1				Glendale Santa Ana Commerce Office				
35	painter's touch x2 ultra cover	Rust-Oleum Corporation	04/12/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.rustoleum.com">https://www.rustoleum.com</a>	PTOUCH ZX	Primary Container	
36	zypolyte premium flat paint spray	Aerovs Industries Incorporated	04/12/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://aerovs.com/_file">https://aerovs.com/_file</a>	Zypolyte Spray Paint - Aerosol	Primary Container	
37	RED HOT BLUE GLUE	T Christy Enterprises, Inc.	04/12/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://tchristy.com/sds">https://tchristy.com/sds</a>	RED HOT BLUE GLUE	Primary Container	
38	Goof Off Pro Strength Remover	Bar & Co., Inc. W.M.	04/12/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.whitewall.com">https://www.whitewall.com</a>	Acetone (2-Propanone), Liquified petroleum gas, sweetened propane, isobutane, n-butane, Hydroxylated light distillate, glycerol, Xylene (mixed isomers) (Benzene, dimethyl), Diethylene glycol monomethyl ether (2:2-Bis(2-hydroxyethyl) ether (a glycol ether)), Ethylbenzene (Ethylbenzol; Phenyltoluene)	Primary Container	
39	Kle Original, Interior Primer, Sealer and Stainblocker	Masterchem Industries, Inc.	04/12/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.masterchem.com">https://www.masterchem.com</a>	Linestore, isocyanate, n-butyl, magnesium silicate hydrate, Barium dioxide, acetone, acetone, propane, isobutane, n-butane	Primary Container	
40	Glade Room Spray, Hawaiian Breeze	SC Johnson, Inc.	04/12/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.sj.com">https://www.sj.com</a>	Isobutane, Propane	Primary Container	
41	WD-40 Multi-Use Product	WD 40 Company	04/12/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.wd40.com">https://www.wd40.com</a>	C13-14 Isoparaffin	Primary Container	
42	ENSUEÑO SPRING FRESH	ALEN DEL NORTE S.A. DE C.V.	04/12/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.alen.com">https://www.alen.com</a>	Ethanol, Glutaraldehyde	Primary Container	
43	Lysol Disinfectant spray	Reckitt Benckiser	04/12/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.reckitt.com">https://www.reckitt.com</a>	Ethanol, Butane, Propane, Alkyl (40% C12, 50% C14, 10% C16) dimethyl benzyl ammonium saccharinate	Primary Container	
44	Mop & Glo Professional Multi-Surface Floor Cleaner	Reckitt, Inc.	04/11/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.reckitt.com">https://www.reckitt.com</a>	Poly(vinyl-2-ethanediyl), α-terdecyl-ω-hydroxy-, Diethylene glycol monoethyl ether	Primary Container	
45	Lik's totally Awesome Window cleaner	Awesome Products Inc.	04/11/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.awesomeproducts.com">https://www.awesomeproducts.com</a>	Ethanol, Alcohol, Isopropyl Alcohol, water	Primary Container	
46	Clorox Disinfecting wipes	the clorox company	04/11/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.clorox.com">https://www.clorox.com</a>	CloroxC Disinfecting Wipes1 - Citrus Blend	Primary Container	
47	Lysol Clean and fresh multi-purpose cleaner	Reckitt Benckiser LLC.	04/11/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.reckitt.com">https://www.reckitt.com</a>	Lysol Brand Clean & Fresh Multi-Surface Cleaner, Sparkling Lemon & Sunflower	Primary Container	
48	Phixen multipurpose cleaner	Alan Del Norte S.A. DE C.V.	04/11/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.phixen.com">https://www.phixen.com</a>	pine oil, lauric acid, sodium salt	Primary Container	
49	The Clorox Company	The Clorox Company	04/11/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.clorox.com">https://www.clorox.com</a>	Sodium hypochlorite, Sodium hydroxide	Primary Container	
50	Alpix with bleach	Calgate Palmolive	04/11/23	<input checked="" type="checkbox"/>	Commerce Office	<a href="https://www.alpix.com">https://www.alpix.com</a>	ALPIX CLEANSING POWDER-REGULAR	Primary Container	
51									

Traditionally, managing SDS involved physical documents stored in binders or file cabinets, which often led to challenges in accessibility, organization, and version control. However, our digital SDS log eliminates these limitations by providing a user-friendly and secure online interface. The digital SDS log ensures that any updates or revisions to safety data sheets are immediately reflected and accessible to all relevant personnel. This dynamic feature eliminates the risk of outdated or

incorrect information being relied upon, providing peace of mind, and promoting a culture of accuracy and compliance.

By digitizing our SDS log, we ensure that all employees have instant access to the most up-to-date safety information. Whether they are at the office, out in the field, or working remotely, they can easily retrieve necessary SDS files with just a few clicks. This flexibility enables employees to make informed decisions and take appropriate safety precautions, enhancing overall risk management. Our digital SDS log is designed to be compatible with various devices, including desktop computers, laptops, tablets, and smartphones. This ensures that employees can access the log using their preferred device, maximizing convenience and adaptability.

Furthermore, the digital log enables seamless collaboration among employees, supervisors, and safety officers. They can easily share comments, notes, or observations related to specific SDS, fostering open communication and knowledge exchange. This collaborative approach enhances our ability to address safety concerns, identify potential hazards, and implement necessary control measures promptly.

At Lifeline-EMS, we recognize the critical role that accurate and readily available safety data plays in maintaining a safe work environment. Our digital SDS log revolutionizes the way we manage and share this vital information, enhancing transparency, efficiency, and compliance. By embracing technology and empowering employees with real-time access to SDS, we reinforce our commitment to safety and provide a robust platform for informed decision-making and risk management.



## Interactive Dashboards for Tracking Safety Metrics

**Purpose:** Developing interactive dashboards to monitor and analyze safety metrics. Providing real-time visibility into safety performance, identifying trends, and facilitating data-driven decision-making to continually improve safety practices.

**Importance:** At LifeLine-EMS, we firmly believe in the principles of transparency and sharing information when it comes to our safety program. We recognize that open communication is vital for establishing a culture of safety and fostering trust among our employees. By embracing transparency, we aim to create an environment where individuals feel comfortable reporting safety concerns, near misses, and incidents without fear of reprisal.



Transparency allows us to openly discuss and analyze safety-related data, such as incident reports and near-miss occurrences. This information sharing enables us to identify trends, patterns, and potential risks more effectively. By understanding the root causes and underlying factors contributing to safety incidents, we can implement targeted preventive measures to mitigate future occurrences. Moreover, sharing this information across different levels of the organization ensures that everyone is aware of potential hazards, promoting a collective responsibility for safety.

As part of Safety-365, we have implemented interactive dashboards for tracking safety metrics, ensuring transparency, and enabling data-driven decision-making. These user-friendly dashboards provide a comprehensive overview of key safety indicators, incidents, near misses, and other relevant metrics. By visualizing the data in an easily understandable format, employees at all levels can gain insights into safety performance trends, identify areas for improvement, and celebrate achievements. These interactive dashboards promote a proactive approach to safety management, enabling us to monitor progress, implement targeted interventions, and continuously enhance our safety practices to protect our workforce and maintain a secure work environment.

## Conclusion

Our Safety-365 program at LifeLine-EMS is a comprehensive and dynamic initiative designed to take employee safety to new levels. Through a range of strategic measures and innovative practices, we have created a safety program that prioritizes the well-being of our employees and fosters a culture of safety throughout our organization.





From revitalized Emergency Action Plans and safety training drills to mobile-accessible safety forms and documentation, we have equipped our employees with the tools they need to respond effectively to any situation. Our customer/facility site evaluation program ensures that we maintain the highest safety standards in every environment we operate in.

The bi-annual Virtual Safety Soiree and leadership training sessions provide opportunities for continuous learning and development, empowering our employees to become Safety Champions in their roles. The annual training and safety committee facilitates ongoing improvement, while challenge coins and incentive programs recognize and celebrate those who exemplify safety excellence.

Our interactive dashboards for tracking safety metrics enable us to monitor our progress and make data-driven decisions, ensuring that safety remains at the forefront of our operations. The employee risk evaluation process, supported by a web-based form, helps us proactively identify risks and provide targeted support, setting a strong foundation for a safe work environment.

In addition, our commitment to employee well-being extends beyond safety measures. Our wellbeing classes, including the popular monthly yoga and stretching classes, provide opportunities for physical and mental rejuvenation, promoting holistic wellness among our workforce.

Throughout our safety program, we have embraced technology, customization, and collaboration. Whether it's through digital forms, real-time updates, or the utilization of employees' expertise in teaching classes, we have harnessed innovation to create a safety program that is user-friendly, adaptable, and effective.

At Lifeline-EMS, safety is not just a priority; it is a core value that permeates every aspect of our organization. We are dedicated to fostering a culture where safety is everyone's responsibility and where each individual feels empowered to make a positive impact. By continuously evaluating and enhancing our safety practices, we strive to exceed industry standards and set new benchmarks for safety excellence.

Through the implementation of our Safety-365 program, we are confident that we are providing our employees, customers, and stakeholders with the highest level of safety and care. As we move forward, we remain committed to ongoing improvement, collaboration, and the relentless pursuit of excellence in safety. Together, we are creating a safer, healthier, and more secure future for all.

